| DATE | $29^{\text {th }}$ January 2016 |
| :--- | :--- |
| Circulation | 811,745 |

## WR <br> WOMEN IN RAIL

THE PAY<br>- Train drivers: $£ 20,000$ to £60,000<br>Rail track maintenance: $£ 18,000$ to $£ 21,000$<br>느I Railway engineers: $£ 21,000$ to £30,000<br>Transport planner: $£ 22,000$ to £50,000<br>Bus driver: $£ 13,000$ to $£ 20,000$<br>- Pilot: $£ 21,000$ to $£ 97,000$<br>\section*{THE CONTACTS}<br>Southeastern Railways:<br>southeasternrailway.co.uk<br>Women in Rail: womeninrail.<br>org<br>Association of Train Operating Companies: atoc.org<br>City \& Guilds:<br>cityandguilds.com

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## WR <br> VOMEN IN RAIL

mirror.co.uk
 what's out there
Options Explorer - trying
opportunities
Path Picker-making a choice
Committed Climber-working Committed Climerer - working
hard for promotion
Role Reviewer - pausing to think about what's next Liviklife balance
Relaxed Realiser -
Mhe important things
Making a career change may
seem dounting, but weree ese to
work well into ur seventies, so its
inmortant tourure hapepopis.s. your
careet. Here, John Lees career
caree. Here, John Lees. career
guru and author of How To Get $A$
Job You Love, offers his top tips
tor switching carer:

| Ior switch |
| :--- |
| Review |

Review
Establishing your career highs
and liws and what you were doing and lows and what you were doing
at those points is a useful starting point for determining what you do
and dont want to be doina the and don't want to be doing the
rest of your working life. Ifentify what would make you satisfied.
Priorities Priorities
Before
Betore esumping intoa new career,
its essential tothink about your
priorties in priorities in the years ahead, then
choose a careerto suit your needs.
Skills
Speak
Sper Speak to those in your preferred
career and estabilish if your skills and strengths are compatible.
Plan
. qualification or skills you current lack, draw up a plan of how you
canget these. can get
Test
If possible, use annual leave to do
work experience or an internship in your chosen field to check if it


| OBS BOARD | $x_{0}$ |
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| ak/jobs for lots | mear |
| sport 26 |  |



Fish4iobs 21,425 jobs Across the uk and in all sort's of sectors. Direct
Line is searching or sales and customer service
professionals in Manchester citizens protessionalis in Manchester, Citizens Advice is
hiring support workers in Newcastle, and Seadrill
needs financial prosite
hiring support workers in New Castle, and Se
needs financial professionals in Liverpool.

ON THE JOB
 treir trying constanty, she got a
traine post with Southeastern
Railwa. "Itis everything lever imagined it
would bee says Dand, 24 who drives
triins out of Gillinoham, Kent, only
 comes with it. I was nervous to start
with - ot ot the trins themselves
but other things - -1.1 e philing up to


mentor but hopes to be driving
in the next monthor tion neariy ready": she says
proudly
Aftee repested applications Dani
succected fast May
I ceeced last May
went straloht into the
Classroom for nine weeks to cover
things lime personalt track satety and
signols. Then we had to do a traction
signals. Then we had to do a traction
cousse which goes through how the
trains work.
Dani rew up very tamillar with
Dand grew up very tamillar with
the rial way worle
Her Dos worked his way up
through the ranks to become a
.

experirence wass at sixd years tirs of
when she walked with her Dad

$\qquad$
from in and out of London to short
local hops. It keps me focused
Anyone lookina to tollow in Dent
 on ol732 357419 or email carcerse
southeasternariliwaycouk.

Travelodge 450 jobs
The budget hotel chaIn is creating hundreds of jobs this year by opening 19 now hotels - a and says sit has ano other 250 st still to come
The company says the new launches will include locations such as The company says the new launches wiil include locations such
Bristol, Glasyow and London, where four new otels will open in 20
Currently, there are vacancies for to totel loperations staf ind Currently, there are vacancies for hotel operations staff including managers, teem members and cleaneres, plumberss, carpenters, painters
and eiectricians, plus roles at the hotel support centre in Oxfordshire. Accor Hotels 200 jobs The group which incorporates brands such as Mercure,
Novotel and libis has vacancies across the country for a wide Novotel and libis has vacancies across the country for a wide
range of hospitality staft, including receptionists, front office
and quest services team members, cheess at all levels, bar range of hospitaiity staffi, including receptionists, front ort
and guest services team members, hefs
manaegers and associll evelstes, bor managers and associates. food and beverage team mem
mainterance and spa staft. Accor says it is committed to
developing people's skils maintenance and s.apa statf. Accor says it is committed to
developing people's skills and offers an attractive package

