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THE POWER OF EMOTIONAL INTELLIGENCE

When: 7th of February 2019 16:30 – 19:30

A Women in Rail West Midlands ('WRWM') & HS2 Gender Balance Network Event

Emotional Intelligence is one the most important factors influencing success at work and in life, and it is something we can continue to develop.

During the session you will:

- be presented with an overview of the world-renowned EQ-i 2.0 model – its purpose and what it reveals,
- understand how optimising each area of Emotional Intelligence (EI) can have a powerful impact on your ability to be successful,
- identify and develop your top two areas of EI, and
- identify actions that you can personally take to improve your current levels of EI in your identified development areas.

Please join us at this interactive session with plenty of discussion and to learn new skills and techniques.



HS2

Presenter
Nicki Crossland
Qi Performance Ltd

WRWM was launched in the region in 2016 to promote diversity in the rail industry, whilst supporting and empowering its members.

The HS2 Gender Balance Network is one of seven staff networks established to further HS2 Ltd's EDI work and help HS2 Ltd become a more inclusive employer. It is sponsored by
Nicole Geoghegan – General Counsel & Company Secretary
Jim Crawford – Phase One Managing Director

LOCATION: HIGH SPEED TWO (HS2) LIMITED

2 Snow Hill, Queensway
Birmingham
B4 6GA

To register for this event:
www.womeninrail.org/events