Career
Planning and
Career
Management

WOMEN IN RAIL

- Tuesday, June 15th 2021
- 17.30 to 18.30 pm



THE SPEAKERS







CHRIS MORRALL

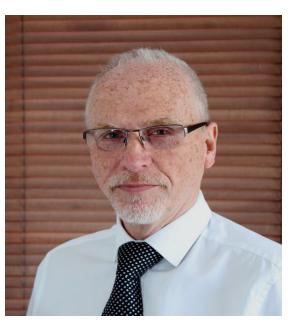
Personal, Career & Assessment Coach, Development Professional





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Head-hunter Specialising in Transport and Infrastructure





NEIL SAMPSON

Executive Coach,
Career Coach
Assessment &
Development Professional



Defined by various dictionaries as:

- A course or progress through life (or a distinct portion of life)
- A particular occupation for which you are trained
- A calling, vocation, job, line of work, business
- The principal activity in your life that you do to earn money
- Specialism the special line of work you have adopted
- Walk of life, walk, path

Originally derived from the French / Latin words:

- Carrière / Carrāria a carriage, a road,
- Carrus a two-wheeled wagon, (CAR)
- Carrera a race

What is a career?

Who are we presenting to?

- 1 Ready to rise-up the organisation ladder or the next step in your career but you have no practical steps or strategic ways /plans of how to achieve this, or what your next step might be.
- **2** You know that you are producing good quality work, but feeling underappreciated, undervalued or unseen.
- **3** Your job has been made redundant or you are not working maternity leave returners and are actively looking for work.
- 4 You are an aspiring leader, and you have a plan and you want some expert hints & tips.
- **5** You are a HR Professional looking to engage, empower and support the females in your workforce.



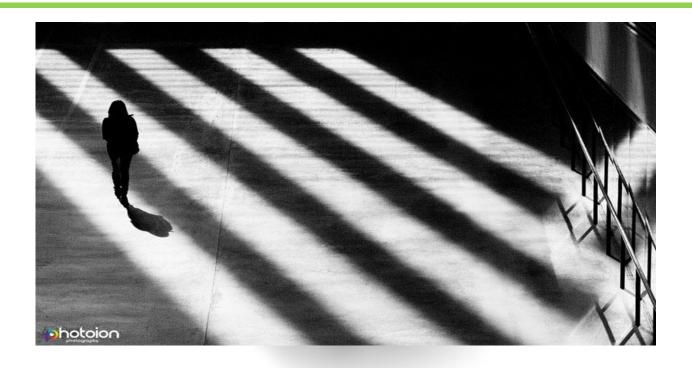


Career Management



Intelligent Career Model





Knowing Whom

Knowing Why

Knowing How

Career Management



 Men apply for a job when they meet 60% of the qualifications



 Woman apply only if they meet 80% – 90 % of them

Career Management

• It is not just hard work that makes people successful!

• It is understanding yourself and investing in continual career and personal development.



Personal Attribute Model



Exploring the Personal Attribute Model

Behaviours Ambitions Competencies

COMPETENCIES





Find the Job You Love



ACTION POINT 1

What you enjoy but do not do well

Get training in this to improve your ability and skill

What you do well and enjoy

Fill you day, work and life with this

What you LOVE to do

What you do not do well or like (even hate!)

Avoid these at all cost!

What you do well and NOT enjoy

This is something that helps you get your next role – just minimise the time spent on it



Understand your skills and super-powers

6 Steps for Career Success



Find out what you are good at



ACTION POINT 2:



Write out to 10 people and ask them what you are good at and when you add most value?



What would they come to you for advice on?



Plus if there is one thing your could improve on what would it be?



Career Management

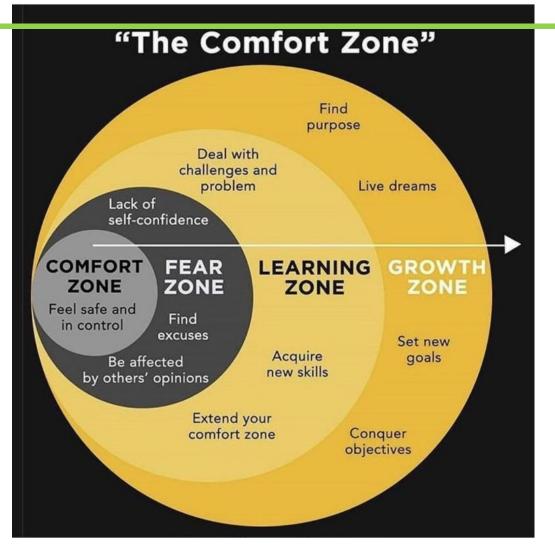
You can't become an effective employee or leader if you don't:

Understand what you are good at

Where you need development



Push yourself into areas that make you feel uncomfortable





Mindset

 Mindset is ESSENTIAL for success and is the individual's responsibility



Career Management

ACTION POINT 3

- What is holding me back?
 - Imposter syndrome?
 - Perfectionism?
 - Lack of confidence when communicating upwards?
- Set yourself tasks to build resilience around these



Performance Reviews

Performance management and performance reviews are YOUR responsibility

Keep your own personal learning logs



Communicate Clearly

Communicate clearly with your line manager & others:

- What you are doing
- How YOU are doing it
- What are the deliverables
- What VALUE you deliver
- Understand what is MOST important in your current role and over deliver
- SMART Goals / KPI's







Getting Noticed

THE EMPLOYEE WHO
GETS PROMOTED
MANAGES THIS
THROUGHOUT THE
YEAR NOT JUST AT
APPRAISAL TIME

RAISE YOUR BRAND



MANAGE YOUR BRAND



Career Management

Focus on what is needed to be successful in YOUR role

And what your boss (bosses) and their bosses consider as a success in the role (KPI's)



Career Plan





Skills Gap Analysis

ACTION POINT 4

Conduct a skills gap analysis on:

- You
- Who you aspire to be
 - Who you admire in organisations / Women in Rail?
 - Heroines and heroes who you admire
 - Why do you admire them?
 - How are you going to transfer these qualities to your career & life?
- Develop a strategic plan to close the gap both short and long term

Learning & Communication Styles

Understand your own preferred learning style





Understand the learning and communication style of your manager(s)/ clients.

Visual

Auditory

Kinaesthetic

in the appropriate manner



Mentors Coaches

ACTION POINT 5

- Three Mentors/ Coaches you will need:
 - Skills Gap Mentor Typically someone more senior to you in your desired role / doing the jobs you want in the organisation
 - "Me in the future" Mentor
 - The "Appointer" Mentor
- An appropriate coach relevant to your circumstances



Managing Your Brand

What do you want to be renowned for – be recognised as a high performer. Self promotion:

- Internally
 - Project groups
 - Internal communication (Newsletters/ Intranet)/Yammer)
 - Internal conferences
 - Networking
- Externally
 - LinkedIn
 - Twitter
 - Instagram
 - Conferences
 - Articles
 - Networking
- July 6th Workshop will cover CV's and Personal Branding



Some Thoughts & Actions

What 5 things do you most VALUE in work – rank them in order of importance.

What are your 3 most important AIMS in

- Life
- Career

You have just received news that you have become an instant millionaire.
You are now free to change your
LIFESTYLE – What would you change?



Some Thoughts / Actions



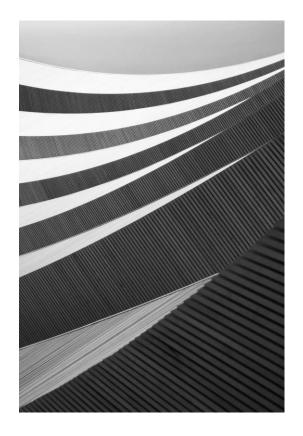
What have you always wanted to do but were AFRAID to attempt.



You have 3 years to live, what would you do with your TIME.



What sort of activities or circumstances in life have given you the greatest FEELINGS OF SATISFACTION, importance, fulfilment, joy – that 'tingle' factor.



Some Thoughts /Actions

- Imagine you have a magic wand. Imagine using it to secure your dream job. Close your eyes & see in your mind's eye you at work.
- What are you doing?
- What are you achieving?
- How are you feeling?
- What is this dream job?







Seven Steps to Career Management

Define you

Understand what good looks like for you / success profile

Produce a career development plan

Role modelling of successful people & examine habits

Raising your organisational profile

Develop an expert / specialist status

Project manage your career – keep focussed and adjust

Contact Details



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Thank You!

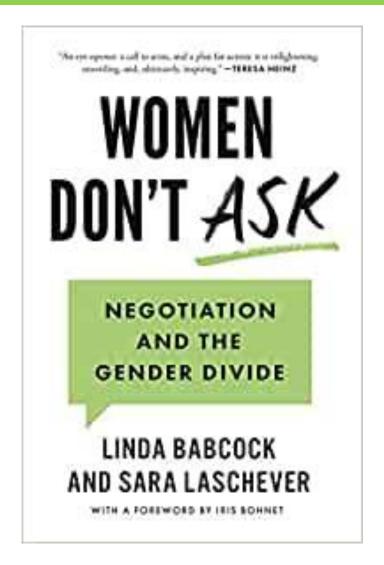


Salary Negotiations

• 7 % of women attempted to negotiate their starting salary

• 57% of men attempted to negotiate their salary

 Of those women that did attempt to negotiate they were able to increase their salary by over 7%





Salary Negotiations

If you do not negotiate your salary up by 7 % it could mean that you may have to work 8 more years to be as wealthy as your counterpart in retirement.

