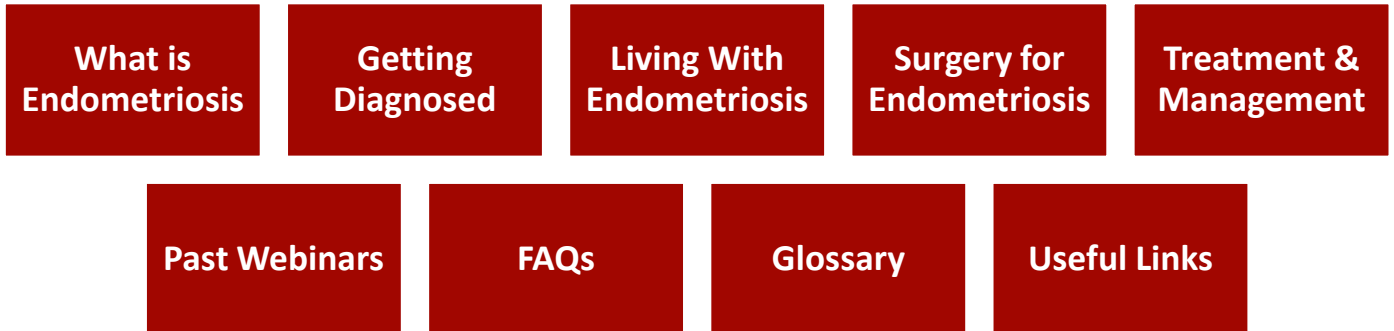


ENDOMETRIOSISUK

Information

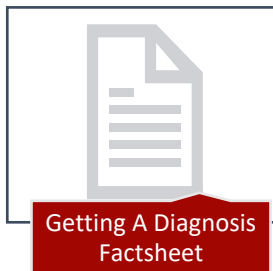
Endometriosis affects 1 in 10 women and those assigned female at birth in the UK.

By clicking the boxes below, you'll be directed to our website pages. On these pages you will find unbiased, accurate and up-to-date information about endometriosis. You can download any of our publications for further information.

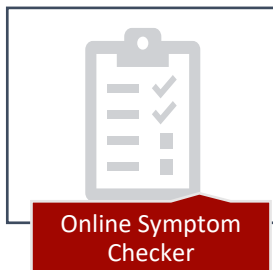


Useful Resources to help get a diagnosis

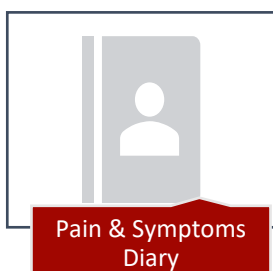
You might visit your doctor if you have symptoms of endometriosis, are worried about painful, irregular periods or are concerned about infertility problems. The common symptoms of endometriosis are similar to the common symptoms of many conditions, meaning diagnosis can take some time. Sharing as much information as possible during your first appointment will hopefully help speed up your diagnosis.



Getting A Diagnosis Fact Sheet: This factsheet is for anyone seeking a diagnosis of endometriosis. It explains how endometriosis is diagnosed and the scans and tests you may have. Included in this factsheet is advice on how to get the best out of your GP appointment, how to prepare for an endometriosis consultation, and how to get a second opinion. [Click here to access.](#)



Online Symptom Checker: This quick symptom checker will take less than 60 seconds to complete. It is designed to check for common endometriosis symptoms and support you in seeking medical advice, to help identify symptoms to improve diagnosis times and access to treatment. If you have endometriosis symptoms, a letter can be made for your GP. [Click here to access.](#)

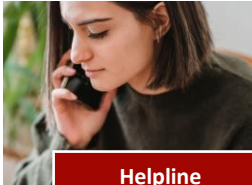


Pain & Symptom Diary: Keeping a record of your pain and symptoms can help you and your doctor to manage your symptoms, could help with a diagnosis and also could be used when submitting information for evidence e.g. when claiming for benefits, for work or for school/university. [Click here to access.](#)

Get Support

Our Support Network is here to offer those affected by endometriosis the support and information they need to understand the condition and take control.

Being diagnosed with endometriosis can be a daunting experience, but you don't have to face it alone. You can call our [helpline](#), [join a local support group](#), [contact our web chat](#) or join our [online community](#).



Last year our Support Network reached 50,000 women and those assigned female at birth who have endometriosis. Find out how our Support Network can help you.

The Samaritans offer 24 hour emotional support - in full confidence. If you're in distress and need someone to talk to, you can call 116 123.

Looking for medical advice?

Please be aware that our support services are unable to provide medical advice and can only connect individuals with volunteers who can only talk about endometriosis based on their own experience. If you need medical advice, please contact your GP or endometriosis specialist.

For more information, please visit our website at www.endometriosis-uk.org

Connect with us:

